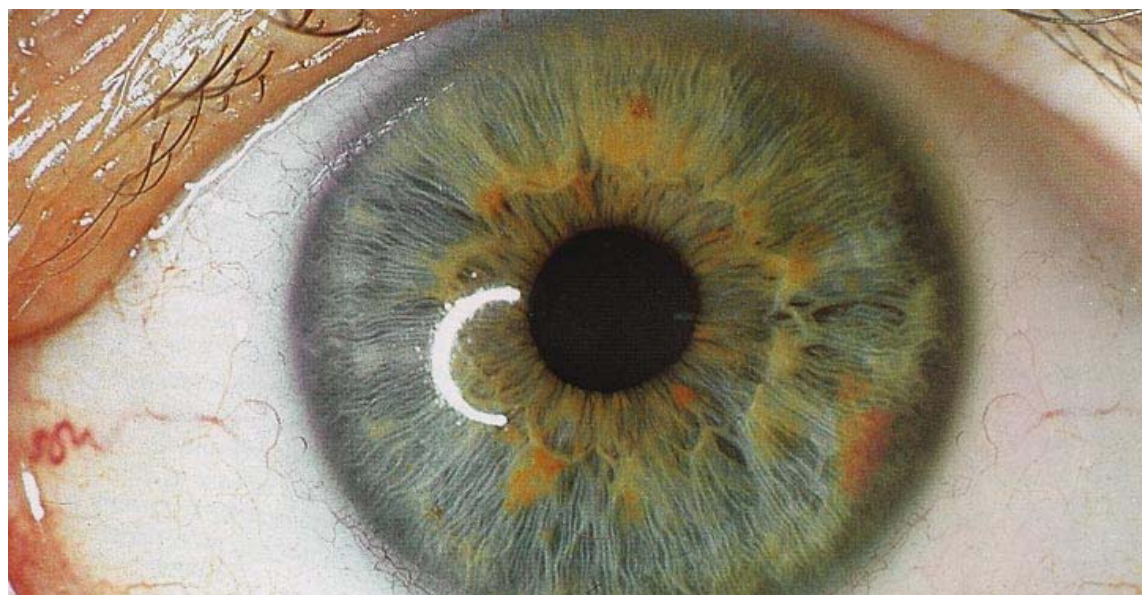


Iridology

*How does a mother know that her child is tired? When she sees the child rubbing the eyes. Similarly signs of ill health can be seen in the eyes, even before the clinical symptoms appear. So I examine the iris of the patient and diagnose the disease, “ says **Dr. Ludmila Vassilieva**, MBBS, MD, PHD, Homeopath and Iridologist, Holistic Healing Medical Centre.*

“The iris can indicate a problem in its earlier inception, long before disease symptoms are present.”

What the Ukrainian doctor practices is Iridology, the art of diagnosing by examining the iris, one of the most complicated tissue structures of the body. It is explained as a safe noninvasive and inexpensive method of health analysis. Iridology cannot always be substituted for other forms of analysis; it can be used in conjunction with other diagnosis.



Iridology is a method whereby the doctor can tell from markings or signs in the iris the reflex condition of various organs and systems of the body. These markings represent a detailed picture of the integrity of the body, its constitutional strength, areas of congestion or toxic accumulations and inherent strengths and weaknesses. No two eyes are alike, which is what makes this diagnostic test unique.

“Iridology provides in-depth information about the patients constitution and pathology. The iris of the eyes show that changes that occur in the body and reveal abnormal tissue conditions,’ explains the doctor. “Iridology more accurately identifies the true source of illness which often may be disguised by symptoms and allergies that appear unrelated to the cause.’

Take for instance jaundice, the first sign are seen by the whites of the eyes turning yellow or chronic nephritis (inflammation of the kidney) where the eyelids become puffy and vision quickly deteriorates; or rheumatic fever and influenza, where the iris first becomes inflamed. It is not without reason that the eyes have been considered to be an early warning mechanism in relation to our physical health.

Did you know that eyes could reveal over 3000 different conditions related to our health? The human eye is one of the great wonders of Nature. It is the size of a ping-pong ball but is incredibly precise relaying over two billion messages to and from the brain. Small wonder that the eyes were believed by ancient sages and philosophers to be windows of the soul and today, by health practitioners, to be mirrors of bodies and minds giving exact information about the state of health, emotions, character, personality and even thoughts.

In Iridology the fibers in the iris are said to reflect the strength of the body tissues; the closer knit they are the stronger the constitution. Conversely, if they are loosely knit, pathological strength is weaker.



“I use both Homeopathy and Iridology to help make a diagnosis on all my patients,” explains Dr. Ludmila. What she does is gaze deep down into the eyes using a device that is similar to a microscope to determine the structural response of the tissue, nerve conditions and toxic settlements. Color shades in lesions or localized areas of the iris, whether white or grey, grey or black give the degree of tissue pathology from the acute or irritated stage through the sub-acute, chronic or degenerative stages.

There is an interesting story behind the birth of iridology, which is said to have place about 1861. A Hungarian doctor and homeopath, Ignatz Von Peczely, first noticed the relationship between the iris and the rest of the body as a young boy. He had taken home an owl with a broken leg to nurse it back to health. By chance, as he stared into the eyes, he saw a black streak in one eye. Constantly monitoring of the owl’s eye, as it grew better, he noticed that white lines now surrounded the black streak. Late in life as a doctor he happened to treat a patient with a broken limb and he suddenly remembered the owl incident. On examination he found the black streak. Excited he carried out the same tests with his other patients eyes. His observation was that patients with similar health problems shared similar discolorations and marking in the same locations in their irises. Years later he made a chart that showed how different sections of the iris actually reordered the condition of different organs and tissues of the body.

Dr. Ludmila, who qualified in general medicine from the Ukraine Medical University, is a PhD in Cardiology and has done extensive research in the rheology of blood (a study which can give indication about the substance and quality of blood). Her keen interest in other forms of science inspired her to study homeopathy, iridology and acupuncture. Now she runs the Holistic Healing Medical Centre.

